

Oil starter List: Oil Paint:

The following colors are recommended but you can substitute any favorites you may use as long as you one warm and one cool hue of each primary color. The cadmiums are expensive, so the alternatives I've listed are less.

- one warm red (recommended: cadmium red light or cadmium red light hue)
- one cool red (recommended: alizarin crimson permanent)
- one warm yellow (recommended: yellow ochre)
- one cool yellow (recommended: cadmium yellow light or hansa yellow light)
- one warm blue (recommended: French ultramarine blue or ultramarine blue deep)
- one cool blue (recommended: cerulean blue or Phthalo blue green shade, our just Phthalo blue (not blue shade)
- one brown (recommended: burnt sienna)
- one titanium white
- one black (lamp or mars black)

Any professional artist grade paint is ok. If you don't want to use odorless mineral spirits in your painting process (needed with regular oil paints) than purchase the water-soluble version oils from either Daniel Smith or Holbein. Of the Water-soluble oils, the lower cost Winsor&Newton's "Artisan", Tallen's "Cobra", or Permalba wOils will do. Daniel Smith and Holbein make the best water-soluble oil on the market in my opinion.

I also recommend, for regular oils, these brands: Gamblin, Sennelier, Winsor & Newton, Lucas (Jerry's Artarama brand), Rembrandt, and Holbein. Martin F Weber's Permalba (low cost)

Oil Brushes: (All long handle except where noted):

One inexpensive 1-1/2 or 2" house painters brush (for oil not latex) or an art store large flat short or long handle white hogs hair brush, about 1-1/2 to 2 inch wide.

One #8 or #10 filbert shape hogs hair brush

One #1 or #2 round shape hogs hair brush

One # 4 filbert shape hogs hair brush

Recommended brush brands for regular oils:

Silver Brush's "Silverstone, or Grand Prix"

Isabel's "yellow handle white hog"

Robert Simmons "Signet" white hog"

-For water-soluble oil paints use synthetic brushes, same size and shapes.

Recommend: Silver Brush's "Ruby Satin" or "Cambridge"

Painting Surface: Any canvas panel to start with is fine. You can buy stretched canvas also for a bit more.

Oil Pallet: Any inexpensive wood pallet for oil paints.

Other Materials

- A roll of Bounty or Viva paper towels
- A small bottle of Turpenoid odorless mineral spirits or 'Gamsol' odorless mineral spirits.
- A re-closable metal container (or small soup can to start) to hold your odorless mineral spirits
- A #2 pencil
- A "kneaded" eraser
- An inexpensive sketch pad at least 8x10 or larger
- A small bottle of a universal oil painting medium, any brand. Or a small bottle of safflower or linseed oil (artist grad not food grade)

You can find these materials at:

www.dickblick.com www.jerrysartarama.com

You can also visit Blick in Carle Place, NY and find the store address on their web site (www.dickblick.com)